



# GROWING AND LIVING WELL IN A HIGH TECH WORLD

Pacific Crest School

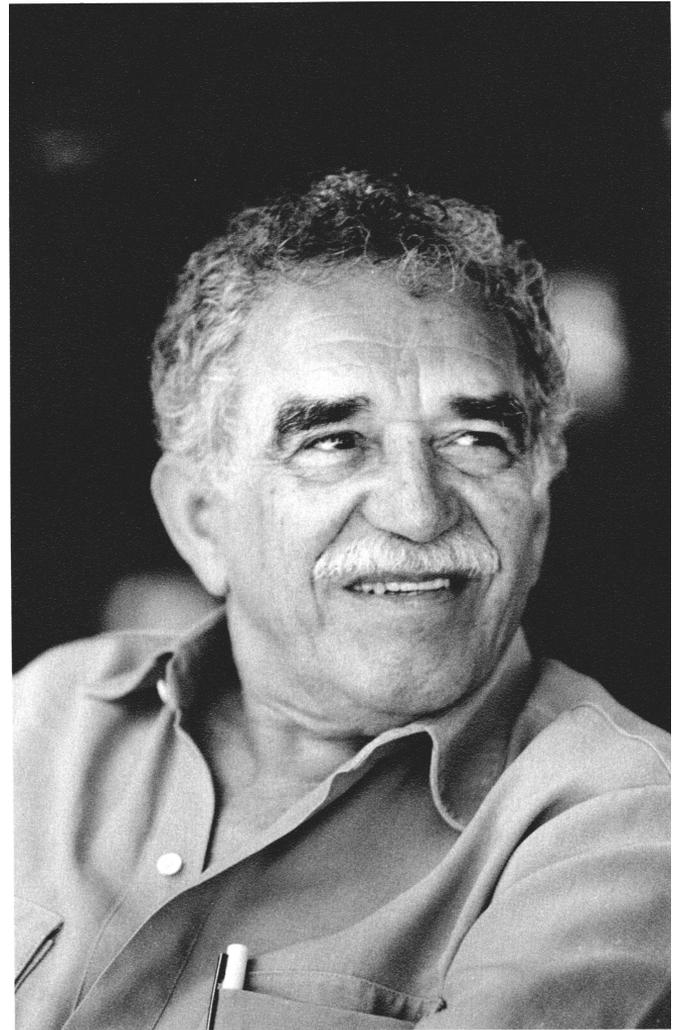
“But what was really wonderful was to see the great spiritual happiness of the children, their amazing enthusiasm, their persistence with self-imposed, difficult problems, and their great joy whenever they arrived at the solution, that was often reached through channels unheard of by the teacher herself”

-Maria Montessori



I do not believe there is a method better than Montessori for making children sensitive to the beauties of the world and awakening their curiosity regarding the secrets of life. It has been rebuked for encouraging a sense of independence and individualism, and perhaps in my case this was true.

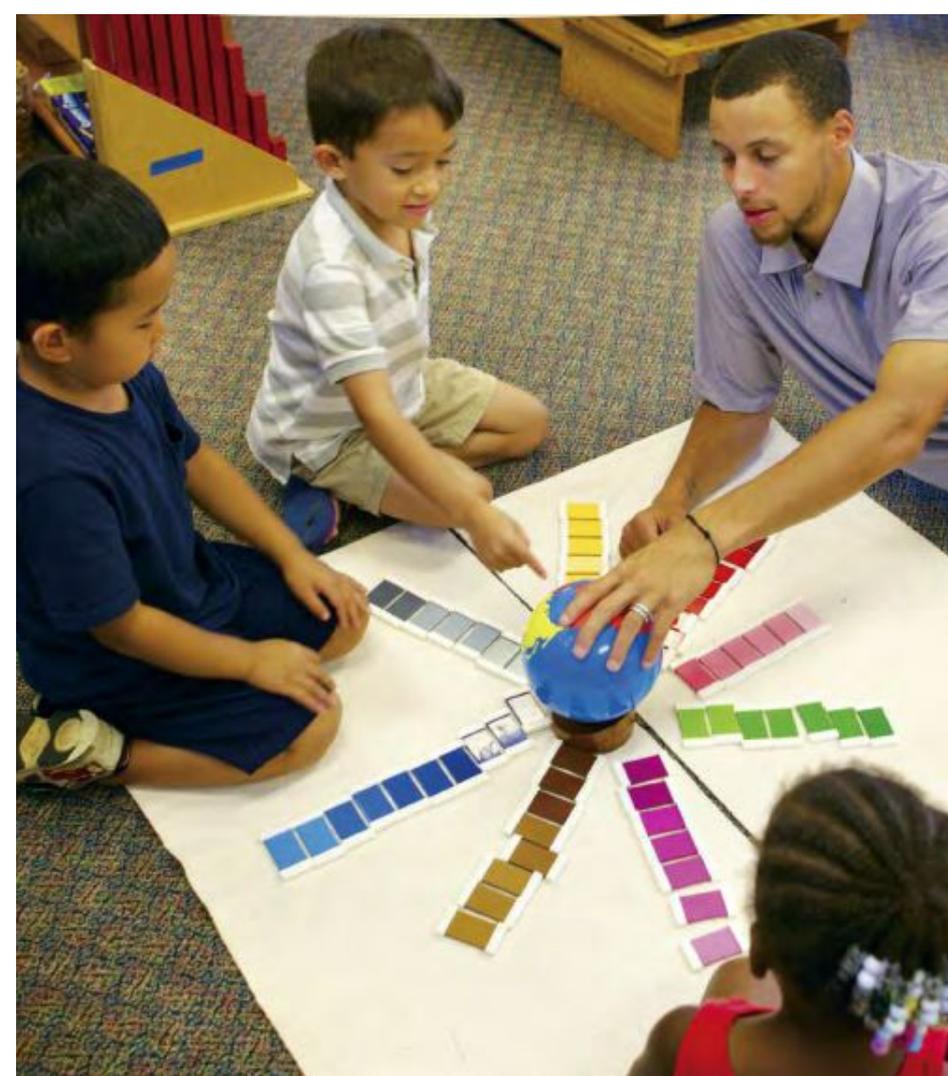
-Gabriel García Márquez





"Montessori gave me a lot of confidence at a young age. I used to love it when I'd come to school because there was something new I was going to learn every single day."

-Stephen Curry  
NBA Player

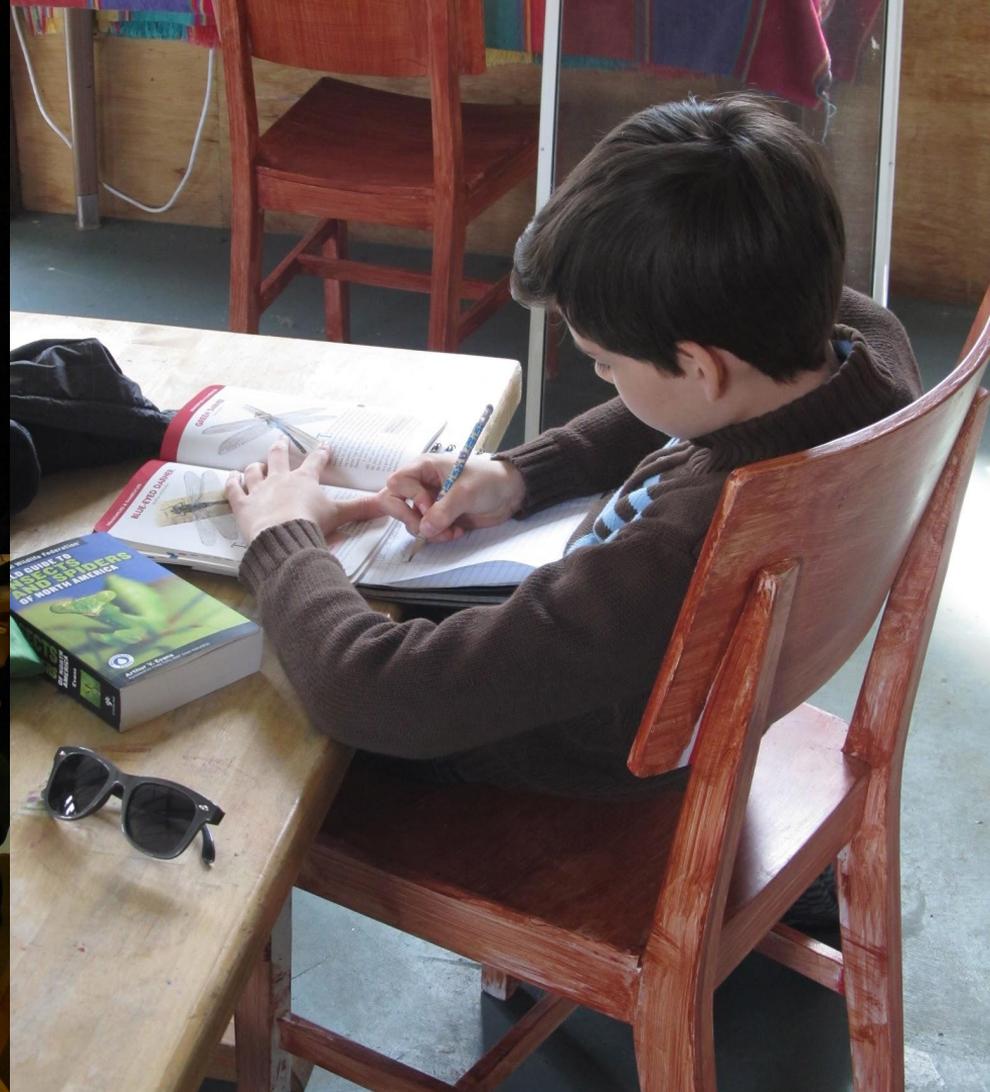
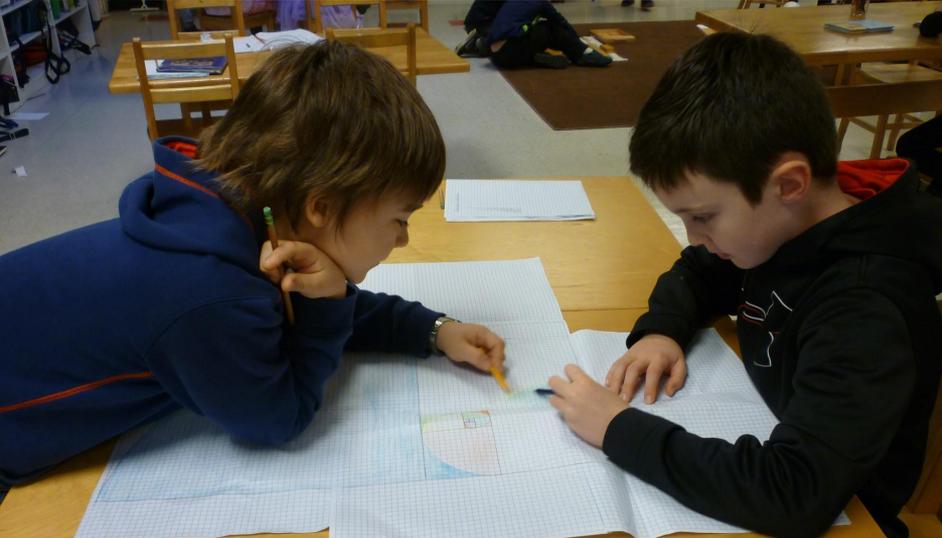






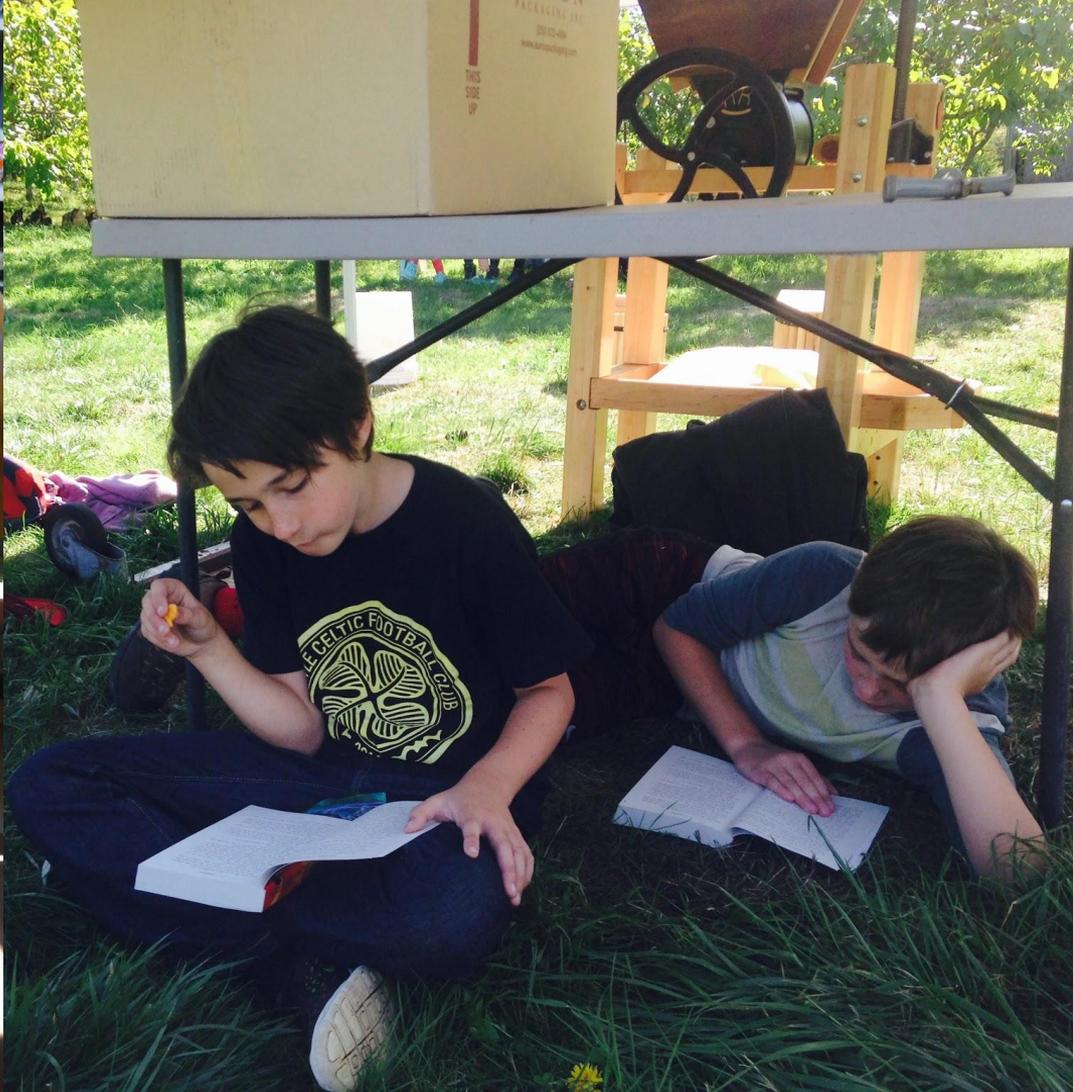
“Structure is an absolutely important part of the creative life, and Emily [Ma] got this from her Montessori experience.”

— Yo Yo Ma,  
World-Renowned Cellist and  
Montessori parent



When I write, I can shake  
off all my cares.  
-Anne Frank





"I think it was part of that training of not following rules and orders, and being self motivated, questioning what's going on in the world and doing things a little bit differently."

Sergey Brin and  
Larry Page  
Google Founders





“If we go on with this education, which gives the child gradual independence, his personality will acquire the capacity for clear judgement. In society this is the most important. When we are able to judge for ourselves independently, we cannot fall victim to the enthusiastic words or fanatical reasoning of another person.

-Maria Montessori 1939





“Will you be clever at the expense of others, or will you be kind?”

-Jeff Bezos in his commencement speech at Princeton



## Human Tendencies:

Exploration  
Order  
Orientation  
Communication  
Activity  
Manipulation  
Work  
Repetition  
Exactness  
Abstraction  
Self-Perfection





## Sensitive Periods

Movement

Language

Imagination

Reason

A Moral Compass

Justice



What we see:

Independence in a prepared environment

Social belonging

Care for the whole (social group; natural world; gifts of culture)

Love of work (pattern; mastery; contributing)

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What our culture says we hope for:

Collaboration      Communication

Creativity      Flexibility      Imagination

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What our culture says we hope for:

Collaboration      Communication

Creativity      Flexibility      Imagination

What our culture says we hope for:

Autonomy

Mastery

Purpose



Concentration

Technology

Humanity



*Montessori curriculum does not mention EFs, but what Montessorians mean by “normalization” includes having good EFs. Normalization is a shift from disorder, impulsivity, and inattention to self-discipline, independence, orderliness, and peacefulness.*

*Adele Diamond, PhD*



American Academy of Pediatricians  
Current Policy Statement (2013, 2016)

“Media, from traditional television to the ‘new media’(including cell phones, iPads, and social media), are a dominant force in children’s lives. Although media are not the leading cause of any major health problem in the US, the evidence is now clear that they can and do contribute substantially to many different risks and health problems and that children and teen agers learn from and may be negatively influenced by, the media.”

Kaiser study, 2010

Use of electronic media

8 - 10 year olds: 8 hrs per day.

10 - 18 year old: more than 11 hours per day

84 % of 8 - 18 year olds: have internet access ( $\frac{1}{3}$  in their bedrooms)

75% of 12 - 17 year olds own cell phones

88% of teens text (2011 average: 1,121 per month)

Concentration

Technology

Interruptions



# Purposeful time outside



Opportunity  
to share,  
teach  
and learn.



*“The first premise for the child's development is concentration. The child who concentrates is immensely happy.”*



*"...the child, instead of being a burden, shows himself to us as the greatest and most consoling of nature's wonders! ...*

*We then become witnesses to the development of the human soul;*

*the emergence of the New Man, who will no longer be the victim of events but, thanks to his clarity of vision, will become able to direct and to mold the future of mankind."*

—Maria Montessori, *The Absorbent Mind*

